



## LINLITHGOW SPORTS CLUB - USE OF CHANGING FACILITIES POLICY

**Agreed by BOM:** 21.5.26

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**Review:** Every 3 years

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### USE OF CHANGING FACILITIES POLICY

#### PURPOSE AND SCOPE

Linlithgow Sports Club strives to ensure that all children (anyone under 18) are safeguarded from abuse and have an enjoyable sporting experience.

This document sets out the venue policy for the acceptable use of our changing rooms.

This policy applies to all staff, coaches, volunteers, players, parents/carers, visiting players and any other individuals associated with Linlithgow Sports Club.

#### CHANGING ROOMS

The changing rooms at Linlithgow Sports Club are routinely for the use of adult members and visiting adult teams. Toilet facilities are a separate facility.

Children (anyone under 18) are expected to use the Committee Room to store outdoor shoes and clothing, but not for changing clothes, whilst using the Club sporting facilities. Parents/guardians may use their discretion if they wish to allow their child(ren) to use the changing rooms in their presence.

When the Club hosts organised activities specifically for children and access to changing rooms is needed, the following policy will be adhered to:

1. Groups of children will have sole use of changing rooms. This reduces any risks and potential vulnerability associated with mixing adults and children when changing and showering.
2. Mixed gender groups of children will have access to separate changing rooms, or use the same changing room but at different times. The LSC will work with those who self-identify as a gender that differs from the gender they were assigned at birth, and their parents/carers as appropriate, to make reasonable adjustments to changing arrangements to suit their needs.
3. If adults and children need to share the changing rooms, they will do so at different times.
4. Under no circumstances will adult members, staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
5. Mobile phones and other electronic devices must not be used in changing rooms.
6. For younger groups of children (under 13), a PVG checked member of staff or volunteer will wait outside the changing rooms to allow children to call for assistance if required.

7. Where these arrangements affect other Sections of the Club and issues cannot be resolved informally between the Section Presidents, the matter will be resolved by the Club Board of Management.
8. Should changing facilities not be available for away matches, children, parents and travelling teams/players will be made aware prior to the game and advised to dress ready to play and to take appropriate additional clothing e.g. tracksuits etc.
9. Visiting teams/players need to be made aware of the above rules prior to the game, so that any children within their group, and their parents/Guardians are fully aware of this policy.
10. Children who participate in sport at the Club, and their parents/guardians, will be made fully aware of this policy.

### **RELATED POLICIES AND PROCEDURES**

This policy should be read alongside our venue policies and procedures, including:

- Code of Conduct
- Equity, Diversity and Inclusion
- Safeguarding and Whistleblowing
- Use of Changing Rooms
- Online Safety and Communication
- Photography and Filming
- Safe Recruitment